



JANUARY UU NEWS

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YOU ARE INVITED AND WELCOME to join us for conversation with coffee and treats...the SERVICE BEGINS at 10:30 am

Sunday Forum on January 7th at 9:15 am

The Year That Was, Part 2. Our discussion about Salina and Kansas lasted so long that we barely got to the United States and left out the rest of the world! This week we will talk about the major events of 2017 in the USA and the world, and then use those events to predict what will be on our list at this time next year? Facilitated by Glen Lakes.

Sunday Adult RE on January 7th at 9:15 am

New Year's Resolution or Intention? Intention is different from setting goals or resolutions. It is the difference between becoming better and becoming ourselves. This morning we will discuss this difference and focus on ways to ways to make space for listening to our intentions, before we leap into striving for our resolutions.

Sunday Service on January 7th at 10:30 am

The Challenges of a Journey. Often lost in the debris of post-Christmas exhaustion is the story of the three kings traveling from afar to bring the infant Jesus treasured gifts. Celebrated twelve days after Christmas on January 6, Epiphany is rich with multiple layers of symbolism. The theme of this Sunday's reflection is that of journeying – the challenge lies in being stretched. Teresa Hernandez will explore three aspects of the story of the Magi: embracing discomfort, following cultivated intuition and humility, with hopes that we can be renewed in our own challenging journeys.



Sunday Forum on January 14th at 9:15 am

How Are We a People of Hope? Kwanzaa, Bodhi Day, Hanukkah, Chalice, Advent, Posadas, St. Lucia's Day, and Yule all happened in December. Did they give you hope? If not, what would or does? Facilitated by Glen Lakes.

Sunday Service on January 14th at 10:30 am

The Power of Assuming Good Intention. When we make mistakes, we are quick to defend our intentions. When others make mistakes, are we able to assume their intentions were good as well? Join Lay Leader Barb Gutsch in exploring the one assumption that is okay to make: the assumption of positive intent.

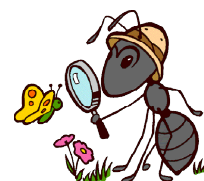
ASSUME
GOOD
INTENTIONS

Sunday Forum on January 21st at 9:15 am

Do You Have To Be an Activist To Be a Unitarian Universalist? You can read the responses from six UU leaders in the Winter 2017 issue of UU World. (I'll send out copies of the article ahead of time.) How would you answer the question? Facilitated by Glen Lakes.

Sunday Adult RE on January 21st at 9:15 am

Intentional or Busy? *It is not enough to be busy. So are the ants. The question is: What are you busy about?* Words of Henry David Thoreau. We'll spend some time exploring our own intentions, how we determine them, and how we abide by them (if we do!)



Sunday Service on January 21st at 10:30 am

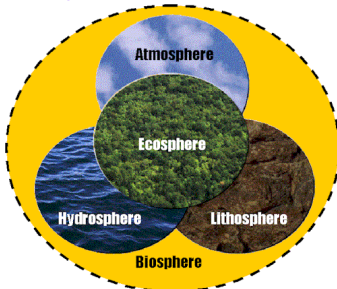
Politics of the Protestant Reformation. Rev. Rose Schwab is the minister at Shawnee Mission UU Church and will share a sermon with us as part of the Kansas minister/lay leader pulpit exchange. She was educated at Union Theological Seminary in New York City and has deep roots in the Salina area. This morning, she speaks about the importance of parenting, love, race, and how the politics of the protestant reformation are incredibly relevant to our lives today.

Sunday Forum on January 28th at 9:15 am

What Does It Mean To Be a People of Intention? *"Here's what I discovered. Intention is different from setting goals or resolutions in that it "pulls us into" who we truly are. Goals and resolutions "push us out" into future possibilities. To set intentions, we listen to our inner voice which tells us who we truly are."* Katie Covey, on what she learned from Soul Matters colleagues. What do you think about intention and its role in your life? Facilitated by Glen Lakes.

Sunday Service on January 28th at 10:30 am

My Life in the Ecosphere. Aubrey Streit-Krug is a writer and teacher in the environmental humanities who studies stories of relationships between humans and plants. Currently a postdoctoral fellow in Ecosphere Studies at The Land Institute, she earned her PhD in English (American U.S. & Indigenous literature) and Great Plains Studies at the University of Nebraska-Lincoln. She is also a student of the Omaha language. She likes collaborating on educational, interdisciplinary projects that build knowledge across communities and cultures. Aubrey grew up in the small town of Tipton, Kansas, and considers limestone soils with rocky prairie hillsides her home ground. She lives in Salina now with her husband and their little boy. Her service will focus on her own journey of learning and teaching about our shared human responsibility to be at home on our home planet.



IMPORTANT DATES AND EVENTS TO PUT ON YOUR CALENDAR THAT REFLECT THE LIFE AND GROWTH OF OUR UU FELLOWSHIP OF SALINA

Sunday UUFS Transport Team is ready and able!

We have transporters who will get people to 901 Beatrice for services on Sunday mornings. Anyone who wants a ride should call Diana Tarver at 785-643-5664 before 6 o'clock on Saturday night. She will contact the team and have the driver confirm with the rider. We want you to call when you need a ride!



Meditation Group continues on Thursdays during January from 4:00 to 4:45 pm

We will gather together for mediation throughout January (the 4th, 11th, 18th and 25th). Please join us whenever it works for you. We currently start with a brief meditative reading and anyone is free to bring a reading at any time.

Popcorn Theology (grades 4-8) will meet on Wednesday, January 17th from 6 to 7:30 pm

We will continue to view the movie, *Inkheart*, the story of a man with a talent to bring book characters to life, so much so that they leap off the page and into the world. A story of perseverance and hope as his daughter tries to help stop a storybook villain, with the help of her father, aunt, and a storybook hero.

Youth Group (grades 8 and up) on Sunday evenings

We will continue to explore OWL (Our Whole Life) topics and other topics of concern to our high school age youth. We will also continue to work on ways to raise funds for all the youth who would like to go to UU GA in Kansas City this year. Support our youth!



Soul Matters Small Groups will begin again in January

We'll be exploring the question, "What Does it Mean to be a People of Intention?" during the month of January. Talk with Barb Gutsch or Diana Tarver, if you are interested in finding out more about small groups.

The Soul Matters Spotify Playlist for January is ready! Get your monthly dose of Soul



Matters tunes by following this link:

<https://open.spotify.com/user/1244405212/playlist/5kx2tk1wUsPjLcExJs79KZ>.

Each month, Soul Matters member Julianne Thompson Lewis, DRE at our congregation in Saratoga Springs, New York, assembles this playlist of songs related to our monthly theme. Thanks Julianne! No need to purchase a subscription to Spotify to listen; there is a free version available by simply following the link and logging in.

Friday, January 5th – Friday Night Live Art Walk at the UU Visual Voices Gallery

Micki Taylor, our January and February exhibiting artist plans to be at both First Friday receptions (January 5th and February 2nd). Come visit with the artist, see her work and have some refreshments!



Sunday, January 21st, directly after the service – UUFS Board meeting

As always, all members and friends are welcome to attend. Your voice and your vote are important to us!

Vice-President – David Hanson dhanson46@att.net

Treasurer and Past President - Diana Tarver dtarver4@hotmail.com

Secretary - Glen Lakes glakes@cox.net

Member at Large - LaNay Meier – Place and Community lanaym@hotmail.com

Member at Large – Shannon Kinsley mickandval@sbcglobal.net

Member at Large – Dianne Neustrom – Spiritual Growth dneu@twinvalley.net

Lay Leader – Barb Gutsch bjgutsch@cox.net

MARK YOUR CALENDARS FOR UPCOMING EVENTS IN OUR UU COMMUNITY

Wednesday, January 10th – People’s State of the State Rally in Topeka

This year’s program represents a more diverse set of speakers from around the state and on issues that are important not only in our state but also that many other states are facing as well. Contact David Norlin about a possible car pool ride.

Friday, January 19th, beginning at 7 pm – A showing of the film, Walk With Me

"Slow down and breathe." This advice will be highlighted and explained at a showing of this film at Trinity Methodist Church, [901 E Neal Ave, Salina](http://www.trinitymethodist.org). This contemplative journey follows in the steps of Zen master, Thich Nhat Hanh, a monastic community. The still. Benedict Cumberbatch’s a relaxed serenity to his Nhat Hanh’s early journals. Max Pugh and Marc J Francis’ fascinating and immersive devote one’s life to and is a rare insight into life within sun rises. Everything is calm and composed; meditative voice adds reading of an extract from Thich "Slow down and breathe" begins (Director of Black Gold, 2006), a exploration of what it means to mindfulness. With unprecedented access to the famous secluded monastery of Plum Village in the South West of France, "Walk With Me" captures the daily routine and rituals of monks and nuns on a quest to develop a deep sense of



presence. It is an insightful rumination on the pursuit of happiness, living in the present and detaching from material things – a welcome remedy to the stresses of city life and a world in turmoil. The film showing is sponsored by the Spirituality Resource Center in cooperation with Trinity Methodist, Barry Dundas, Pastor. Other sponsors are Salina's University Methodist, Geniese Stanford, Pastor; Church of the Cross, Loren Drummond, Pastor; First Presbyterian, Charlie Smith, Pastor, Sunrise Presbyterian, Martha Murchison, Pastor; and the **Unitarian Universalist Fellowship**, Barb Gutsch, Lay Leader.

MidAmerica Region is proud to announce a series of *social justice webinars* that are being done in collaboration with the Minnesota UU Justice Alliance. Executive Director Rev. Ashley Horan and Statewide Organizer Pastor Danny Givens will help all our congregations prepare themselves better for social justice work. These 75 minute webinars will be held monthly, on the second Tuesday, beginning on January 9, 2018. Make sure to register for these webinars as space is limited! Details of the webinars are below, and each starts at 6:45 pm Central time. [Breaking Down the Silos: An Assessment Model for Social Justice-Rooted Congregations - PART 1/2](#)

COVENANTS 101

Tuesday, January 23, 2018, 07:45pm - 09:00pm, Eastern time

Location: Via ZOOM; link will be included in registration acknowledgment.

Contact: Sharon Dittmar, sdittmar@uua.org

Times: Eastern 7:45-9:00; Central 6:45-8:00; Mountain 5:45-7:00

Have you ever wondered how to create a covenant for a group, committee, or between two people? Come for some basics on covenant creation you can use in your congregation. Age Group: 15+. Keynote, Trainer or Speaker: Sharon Dittmar. There is no fee, but please register at: <https://www.midamericauua.org/events/calendar2/eventdetail/761/webinar-covenants-101>

UU General Assembly 2018 June 20-24, 2018 in Kansas City, MO All Are Called

Grounded in a deep belief that we are all prophets, Unitarian Universalists ask, "How can we faithfully meet the demands of our time?" The society and in the world is clear. So, structures and practices, dismantling recognize the full humanity of all interdependent web of life. Join us in questions of mission for our Unitarian



congregations and communities, and for each of us as individuals. Together, we'll ask: Who and how are we called to be at this time, individually and collectively? How are we called to act and to live? How does our Unitarian Universalist legacy strengthen us in living out our mission? In what ways does our legacy present challenges and impediments to answering our call? The call of our faith has a place for each of us. Join us in Kansas City to build courageous, collective leadership with tools, skills and connections.

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Who and how are we called to be at this time, individually and collectively?

How are we called to act and to live?

How does our Unitarian Universalist legacy strengthen us in living out our mission? In what ways does our legacy present challenges and impediments to answering our call?

The call of our faith has a place for each of us. Join us in Kansas City to build courageous, collective leadership with tools, skills and connections.

UUFS Compassion Fund

If you know of a Fellowship member or friend (person who attends) who might be in need of the Fellowship's support with a food card, cash, or through connections with a local agency, please contact one of our compassion fund team, Jackie Ash, Bev Davis and Barb Gutsch. We want the Fund to be active - with funds and other help coming in and going out. The purpose of the Fund is to show that we care and take care of each other.



Cards for Fellowship Celebrations and Concerns

Please let Teri Harrington know if there is someone that you believe could benefit from receiving a card from our Fellowship. She can be contacted by email at teriyaki315@hotmail.com or by cell phone at 785-577-2576.

How Can You Help Out? – Needs at our Fellowship

Visual Voices Gallery Art Committee needs a volunteer to help out with First Friday activities, hosting the artist and having a reception with treats.



There is an open position on the board for our board president. Talk to a board member if you are interested in the possibility of taking this position.

Looking for someone to organize our library.

A volunteer to straighten out the drawers and storage areas in the conference room

Someone to clean up around and under the recycling bins.

MISSION STATEMENT of the **Unitarian Universalist Fellowship of Salina** – To provide a place for personal spiritual growth within an open and affirming community, actively promoting peace, reason and the transformation of our world.



Have you missed a service that you really wanted to attend? Go to <http://uusalina.org/sermon-podcasts.html> to listen to **audio recordings** of services.

You can donate to the Winter 2018 Chalice Lighter call by going to the **Chalice Lighter webpage** at <https://midamericauua.org/programs/chalice-lighters> and clicking on the Donate option of your choice.



ART AT UU - VISUAL VOICES GALLERY

Visual Voices Gallery at UU- January/February
Thinking Outside the Jewelry Box
Exhibiting Artist – Erin McMichael (Micki) Taylor



The first time I got paid to sew with beads was back in the 1970s when I repaired the beading on Liberace's costumes.

I was always interested in both art and science. I studied costume design in college. Eventually I ended up in Hollywood (making costumes, not designing them). There wasn't enough to keep my brain engaged, so I studied nutrition at UCLA, then did research for 15 years. I met my husband and moved to Kansas. Now that I am retired, I have gone back to art, creating beaded embroidered jewelry. I take a rock that someone has shaped and polished, then I make a pattern of tiny beads around it to make a necklace.

I'm supposed to expound upon some high-faluting or highfalutin (Google has both spellings!) inspiration for my work. Well, I simply love rocks and patterns, and the patterns in rocks. That's all. I guess you would call my jewelry "folk art" but no matter what term you use, I just embrace what my eyes love. I'm not at all interested in fashion. I just make things please my own eyes and figure that principle should guide all of us.

Ancient mosaics have always fascinated me, which may be why I like working with bead embroidery. Both incorporate intricate patterns made with stone and/or glass. In my jewelry I use ordinary agates, jasper, quartz, carved bone, wood, fossils—no diamonds, emeralds and rubies for me. I prefer rocks you might find by the side of a country road, with patterns laid down by nature over millions of years. Every rock is beautiful! I often make necklaces that remind me of nature, like the oceans, the prairie, the sky, but I especially love the natural patterns in the stones themselves. I guess nature is my inspiration, with a little Victorian-like ornamentation on the side. I am constantly learning—experimenting with techniques, shapes, colors and materials. Like science, you can't get bored. Addicted, maybe, but not bored.

Like any art, creating jewelry is self-expression, but so is wearing it. What we wear affects how we feel about ourselves. The right adornments just pull on something in the psyche. Wear what your psyche loves.

Contact person is Lee Romaniszyn [785-827-9908](tel:785-827-9908) and contact email is uusalina@cox.net

Exhibitions at Art at UU – Visual Voices are determined by a committee, and change every two months. Artists interested in showing their two-dimensional work at Art at UU – Visual Voices can receive an application; please send an email to uusalina@cox.net. Anyone can make an appointment to see the current exhibition by emailing same address as above. The work is also on view Sunday mornings during the Forum discussion group at 9:15am and the UU service which begins at 10:30am. All are welcome.

What Does It Mean To Be a People of Intention?

With goals, the future is always the focus: Are you going to reach the goal? Will you be happy when you do? What's next? Setting intention, at least according to Buddhist teachings, is quite different than goal making. It is not oriented toward a future outcome. Instead, it is a path or practice that is focused on how you are "being" in the present moment. Your attention is on the ever-present "now" in the constantly changing flow of life. You set your intentions based on understanding what matters most to you and make a commitment to align your worldly actions with your inner values... Goals help you make your place in the world and be an effective person. But being grounded in intention is what provides integrity and unity in your life.. What would it be like if you didn't measure the success of your life just by what you get and don't get, but gave equal or greater priority to how aligned you are with your deepest values?

-Phillip Moffitt, from [The Heart's Intention](#)



Cat: Where are you going?

Alice: Which way should I go?

Cat: That depends on where you are going.

Alice: I don't know.

Cat: Then it doesn't matter which way you go.

-Lewis Carroll, Alice in Wonderland