



MARCH UU NEWS

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YOU ARE INVITED AND WELCOME to join us for conversation with coffee and treats...the SERVICE BEGINS at 10:30 am

Sunday Forum on March 4th at 9:15 am

Buck Up! Grin and Bear It! Woody Hays may be saying this to the angels. Is it good advice? (Perseverance was the Soul Matters topic for February.) How do you persevere? Facilitated by Glen Lakes.



Sunday Adult RE on March 4th at 9:15 am

What is Balance? Balance can be a place of rest OR of preparation, OR a matter of remembering and reconnecting, OR a place of turning where shifts happen and new life emerges. What is your balance for?

Sunday Service on March 4th at 10:30 am

art as faith. The Salina UUs and the Visual Voices Gallery are pleased to show the work of Kelly Anquoe, Kiowa-Cherokee artist from Tahlequah, OK. He notes that he looks forward to a new art atmosphere for the new millennium in the Midwest.



Sunday Forum on March 11th at 9:15 am



Micro-Aggression, Do You Know What That Is? My father was from Drip Rock, Kentucky. That's in Jackson County, in case you didn't know. Did micro-aggression affect him? Does micro-aggression affect you? Facilitated by Glen Lakes.

Sunday Service on March 11th at 10:30 am

It's a Good Day to Die: Balancing Life, Death, and Transformation. On March 22, Mark Saville will celebrate the 30th anniversary of "the best day of his life," the day he smashed into a tree on a ski slope and his life was forever changed. Mark will join Lay Leader Barb Gutsch in exploring life after tragedy and transformation over time.



Sunday Forum on March 18th at 9:15 am



Let the Good Times Roll! Retirement is often described as the "golden years." If you have arrived there, how did it change your life? What do you wish you had done differently? What are you doing now to prepare if you haven't yet retired? You can talk to a financial advisor about money; let's talk about the rest of the decisions such as where to live, recreation, and even (gasp) a retirement job. Facilitated by Glen Lakes.

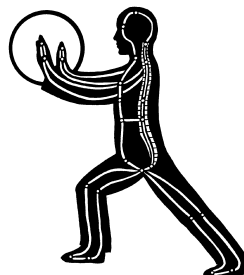
Sunday Adult RE on March 18th at 9:15 am

Is Balance a Place of Invitation For You? Maybe achieving a balance of equality requires us to be purposefully off-balance with our culture, or as Martin Luther King, Jr. said, we need people who are "maladjusted". Being out of sync with the way things are is can be a first step.



Sunday Service on March 18th at 10:30 am

Lessons from Tai Chi: the Difference between Balance and Stability. Tai Chi concerns itself with many physical objectives: relaxation, interaction between mind, body and spirit. though, than the practice of balance. practice of Tai Chi has brought a variety of beyond the physical body. Reverend the UU Fellowship of Manhattan. She

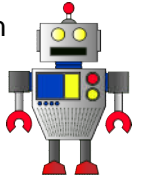


breathing, precise movement, Perhaps nothing more defines it, Jonalu's more than twenty years' insights about balance that apply Jonalu Johnstone is the minister at received her M.Div from Harvard

Divinity School in 1993, having completed an internship at the UU Church of Reading, Massachusetts with Reverend Jane Rzepka. There, she worked with the middle school youth group, formed a Welcoming Congregation Committee, and learned that no matter what the appearances are, people are often struggling in silence to cope. I witnessed how a growing mid-size church functions and what effective lay leadership looks like.

Sunday Forum on March 25th at 9:15 am

Are Robots Taking Over the World? Almost 100 years (1920) ago, Karel Capek, a Czech writer, wrote the play, Rossum's Universal Robots, introducing the word 'robot' to the English lexicon. Since that time people have fantasized about them "taking over the world". Today, Artificial Intelligence has added to that anxiety. What do you think about robots? Facilitated by Fred Elliot.



Sunday Service on March 25th at 10:30 am

Ain't Gonna Pass. Tom Neilson is no stranger to our congregation. He is a tireless troubadour for our sacred lands, our place and responsibility within and upon it. We will modify our service format somewhat for a rousing concert with narrative. We invite you to look at Tom's causes nearer his East Coast home, and check out his website, <http://tomneilsonmusic.com>. Please invite your friends to share in this rare opportunity!



IMPORTANT DATES AND EVENTS TO PUT ON YOUR CALENDAR THAT REFLECT THE LIFE AND GROWTH OF OUR UU FELLOWSHIP OF SALINA

Sunday UUFS Transport Team is ready and able!

We have transporters who will get people to 901 Beatrice for services on Sunday mornings. Anyone who wants a ride should call Diana Tarver at 785-643-5664 before 6 o'clock on Saturday night. She will contact the team and have the driver confirm with the rider. We want you to call when you need a ride!

Meditation Group continues on Thursdays during March from 4:00 to 4:45 pm

We will gather together for meditation throughout March (the 1st, 8th, 15th, 22nd and 29th). Please join us whenever it works for you. We currently start with a brief meditative reading and anyone is free to bring a reading at any time.



Friday, March 2nd beginning at 4:30 – Friday Night Live Art Walk at the UU Visual Voices Gallery

Kelly Anquoe, Kiowa-Cherokee artist from Tahlequah, OK will be present for the opening reception of art as faith from 4:30-6:00 at the Fellowship. Stop by for refreshment and to check out the art.

Sunday, March 18th, directly after the service – UUFS Board meeting

As always, all members and friends are welcome to attend. Your voice and your vote are important to us!

Vice-President – David Hanson dhanson46@att.net

Treasurer and Past President - Diana Tarver dtarver4@hotmail.com

Secretary - Glen Lakes glakes@cox.net

Member at Large - LaNay Meier – Place and Community lanaym@hotmail.com

Member at Large – Shannon Kinsley mickandval@sbcglobal.net

Member at Large – Dianne Neustrom – Spiritual Growth dneu@twinvalley.net

Lay Leader – Barb Gutsch bjgutsch@cox.net

Popcorn Theology (grades 4-8) will meet on Wednesday, March 7th and 21st from 6:30 to 8:00 pm



We will continue to view the movie, *Inkheart*, the story of a man with a talent to bring book characters to life, so much so that they leap off the page and into the world. A story of perseverance and hope as his daughter tries to help stop a storybook villain, with the help of her father, aunt, and a storybook hero.

Youth Group (grades 8 and up) on Sunday evenings, March 4th and 18th from 6:00 to 7:30 pm

We will view the conclusion of *Under the Same Moon*, the movie about immigration and continue our discussion on this important issue. Stay tuned for more important and interesting topics to experience and discuss.

Host Our Speaker! at the end of the month (March 19th to the 23rd)

After sharing at the Sunday Wichita UU service, Tom Neilson is off the whole week, Monday through Saturday, before the Salina Sunday service. Is there any chance of sleeping around Salina that week? Tom says, "I have my own bedding. Just need a flat surface. Also have my own food." Contact Tom at [413-687-0976](tel:413-687-0976).



Soul Matters Small Groups will continue in March with the topic of Balance

We'll be exploring the question, "What Does it Mean to be a People of Balance?" during the month of March. Talk with Barb Gutsch or Diana Tarver, if you are interested in finding out more about small groups.

The Soul Matters Spotify Playlist for March is ready! Get your monthly dose of Soul Matters tunes



by following this link:

<https://open.spotify.com/user/1244405212/playlist/5kx2tk1wUsPjLcExJs79KZ>.

Each month, Soul Matters member Julianne Thompson Lewis, DRE at our congregation in Saratoga Springs, New York, assembles this playlist of songs related to our monthly theme. Thanks Julianne! No need to purchase a subscription to Spotify to listen; there is a free version available by simply following the link and logging in.

MARK YOUR CALENDARS FOR UPCOMING EVENTS IN OUR UU COMMUNITY

Saturday, March 24th from noon - 2 pm – March for Our Lives Salina at Robert Caldwell Plaza

We want the schools and community of Salina to march alongside the students and survivors of Parkland in order to show our support of their cause, as they are marching in DC. You can find the full mission statement and information, plus a donation page to their movement on their website:

<https://www.marchforourlives.com/>



UU General Assembly 2018
June 20-24, 2018 in Kansas City, MO
All Are Called

General Assembly is that time of year that UUs from around the country, indeed around the world, gather to share, discuss, plan and just be together in a positive, supportive UU kind of way. AND THIS YEAR GA IS IN KANSAS CITY!!!! It is so close and such a great opportunity that we are encouraging everyone to try to attend ALL OR PART of the 5 day event.

Grounded in a deep belief that we are all prophets, Unitarian Universalists ask, “How can we faithfully meet the demands of our time?” The call to and in the world is clear. So, too, is the practices, dismantling and transforming humanity of all people and to honor the Kansas City as we dive deeply into Universalist Association, for our for each of us as individuals. Together, be at this time, individually and collectively? How does our Unitarian Universalist legacy strengthen us in living out our mission? In what ways does our legacy present challenges and impediments to answering our call? The call of our faith has a place for each of us. Join us in Kansas City to build courageous, collective leadership with tools, skills and connections.



witness and act for justice in our society call to examine our structures and those which fail to recognize the full interdependent web of life. Join us in questions of mission for our Unitarian congregations and communities, and we'll ask: Who and how are we called to How are we called to act and to live?

UUFS Compassion Fund

If you know of a Fellowship member or friend (person who attends) who might be in need of the Fellowship's support with a food card, cash, or through connections with a local agency, please contact one of our compassion fund team, Jackie Ash, Bev Davis and Barb Gutsch. We want the Fund to be active - with funds and other help coming in and going out. The purpose of the Fund is to show that we care and take care of each other.

Cards for Fellowship Celebrations and Concerns

Please let Teri Harrington know if there is someone that you believe could benefit from receiving a card from our Fellowship. She can be contacted by email at teriyaki315@hotmail.com or by cell phone at 785-342-4817.

How Can You Help Out? – Needs at our Fellowship

There is an open position on the board for our board president. Talk to a board member if you are interested in the possibility of taking this position.

Lay Leadership

It is time for the Lay Leadership Advisory committee to meet and evaluate how lay leadership is going for our fellowship. If you have any appreciation, concern or suggestions, please contact someone on the committee and let them know what's on your mind before their meeting in mid-March. The members of this committee are Larry Bunker, George Cramer, Willow Leenders, Dianne Neustrom, David Norlin and Madge Saville.

Budget

Well, it's that time again! The budget committee will be meeting in a few weeks to begin the process for 2018-2019 budgeting. I would like to ask that all of you visit with the committees that you are involved with to decide if your committee needs to request a change to your budget. This is particularly important for the place committee, the lay leader support team, and the spirituality committee (i.e. Sunday programming and RE). If you are requesting a change to these line items, the budget committee needs to know before March 15th. Just email or call me, Diana Tarver at (785) 643-5664 or email at dtarver4@hotmail.com Thanks for your help.



Have you missed a service that you really wanted to attend? Go to <http://uusalina.org/sermon-podcasts.html> to listen to audio recordings of services.



MISSION STATEMENT of the Unitarian Universalist Fellowship of Salina – To provide a place for personal spiritual growth within an open and affirming community, actively promoting peace, reason and the transformation of our world.

ART AT UU - VISUAL VOICES GALLERY

Visual Voices Gallery at UU- March/ April
art as faith

Exhibiting Artist – Kelly Anquoe



After completing 25
Hospital as social

2017 Kelly began focusing full time on an art career that was interrupted as a youth in Tulsa, OK. Kelly was raised among the inter-tribal community of Oklahoma as a painter, dancer, singer, maker of Native clothing, and organizer of Native events. The members of the Anquoe family are well known within the dance circles throughout the United States primarily as singers. Kelly's mother is of Cherokee descent and has been making all forms of women's tribal dance clothing for many years. Currently Kelly is showing works around the northeast Oklahoma area and online. He is also the President of the Unitarian Congregation of Tahlequah where he enjoys discussing art history and professes "art as faith" and looks forward a new art atmosphere for the new millennium in the Midwest.

years at W W Hastings
services worker, in

Exhibitions at Art at UU – Visual Voices are determined by a committee, and change every two months. Artists interested in showing their two-dimensional work at Art at UU – Visual Voices can receive an application; please send an email to uusalina@cox.net. Anyone can make an appointment to see the current exhibition by emailing same address as above. The work is also on view Sunday mornings during the Forum discussion group at 9:15am and the UU service which begins at 10:30am. All are welcome.

What Does It Mean To Be a People of Balance?

Balanced by Denel Kessler

Beyond the thoughts
that keep us bound
fear
suffering
anger
love
we will fly
though it be fleeting

we savor
the height
while craving
the ground below
knowing
it takes both
to make
a soul

Sorry, Hon, Not My Table

I love for a waitress to call me “Hon.” and I don’t know her, but we fit into “Hungry One” and she is the “One Unseen Source.” When I was Philadelphia and New Jersey. I food to strangers. I know how to rush about six things at the same time, the working mother of two small their best when they’re hungry. That world events. If the citizens of the wars and less mayhem. The most waitressing was that some tables are waitress gets overwhelmed if she has good service. In my life, I have certain things to take care of: my children, my relationships, my work, myself, and one or two causes. That’s it. Other things are not my table. I would go nuts if I tried to take care of everyone, if I tried to make everybody do the right thing. If I went through my life without ever learning to say, “Sorry, that’s not my table, Hon,” I would burn out and be no good to anybody. I need to have a surly waitress inside myself that I can call on when it seems everyone in the world is waving an empty coffee cup in my direction. My Inner Waitress looks over at them, keeping her six plates balanced and her feet moving, and says, “Sorry, Hon, not my table.”



It’s comforting. She doesn’t know me, well-worn, ancient categories: I am the Who Brings Nourishment from the younger, I worked as a waitress in learned useful things while serving around with my hands full, thinking which has stood me in good stead as sons. I know that people are not at knowledge helps me to understand world were well fed, we’d have fewer helpful thing I grasped while my responsibility, and some are not. A too many tables, and no one gets